

Chenango Valley CSD

HIGH RISK SPORTS

Re-opening Plan



Chenango Valley CSD PROPOSAL

HIGH RISK SPORTS

Teams	HIGH RISK SPORTS (G/B Basketball, Wrestling, Cheer, Football, Volleyball, Boys Lacrosse)
Plan Administrator	Brad Tomm – Director of Athletics
Plan Coordinator	Michelle Feyerabend – Asst. Superintendent
Dedicated Phone Number	607-762-6809
Dedicated Email Address	mfeyerabend@cvcasd.stier.org
General Safety Guidelines	<ul style="list-style-type: none">• Wear a mask or cloth face-covering that covers your nose and mouth at all times.• Practice social distancing and personal hygiene protocols. Do not congregate.• Screening by the parent/guardian prior to school is required, including daily temperature checks and symptom screening being performed before school/boarding the bus. Students/Staff may not come to practice/competition if any of the these following criteria apply:<ul style="list-style-type: none">o Has your child knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19?o Has your child tested positive through a diagnostic test for COVID-19 in the past 14 days?o Has your child experienced any new or worsening symptoms of COVID-19 listed?<ul style="list-style-type: none">• <i>Fever or chills (100°F or greater);</i>• <i>Cough;</i>• <i>Shortness of breath or difficulty breathing;</i>• <i>Fatigue;</i>• <i>Muscle or body aches;</i>• <i>Headache;</i>• <i>New loss of taste or smell;</i>• <i>Sore throat;</i>• <i>Congestion or runny nose;</i>• <i>Nausea or vomiting; and/or Diarrhea;</i>o Has your child experienced a temperature of greater than 100.0°F in the past 14 days?o Are you required to quarantine due to travel covered by the NYS COVID-19 Travel Advisory? (https://coronavirus.health.ny.gov/covid-19-travel-advisory)• Wash your hands frequently with warm, soapy water for at least 20 seconds, or frequently use (60% or higher) alcohol-based hand sanitizers.• Avoid touching your face/mouth/nose.• Cover your mouth when you sneeze. Wash your hands or use hand sanitizer.



	<ul style="list-style-type: none"> • Extra masks will be available for anyone in need of a mask • Hand Sanitizer and disinfectant wipes will be available at all sign-in / sport areas, as well as common locations throughout the venues <p>Visitor/Parent/Guardian</p> <ul style="list-style-type: none"> • Visitors/parents will not be allowed in the building at this time. • In the event of an emergency requiring an outside visitor/parent, the following protocols will be in place: <ul style="list-style-type: none"> o Questionnaire will be required upon arrival. o Temperature check prior to entering. o Hands sanitized prior to entering. o Mask must be worn. <p>Arrival and Departure</p> <ul style="list-style-type: none"> • Parent drop-off will begin at 10 minutes before any practice begins and one hour before any event. • Parent Drop-off Zones <ul style="list-style-type: none"> HS gym – HS Student Entrance Wrestling Room – HS Student Entrance HS pool – Pool Entrance MS gym - MS gym Entrance PDE gym – Playground Entrance CBE gym – Side/Staff Entrance • Only coaches or Athletic Department staff will let students into the building. • Students must exit the building once practice/competition concludes. • Students who are waiting to be picked up must socially distanced until their parent/guardian arrives.
Spectators	<p>Prohibited at this time</p> <p>When approved, Chenango Valley will</p> <ul style="list-style-type: none"> • Screen and take attendance of all spectators, including: <ul style="list-style-type: none"> o Name, Email, Address, County, Phone Number, 4 screening questions, Temperature check, etc. • Ensure seating is socially distanced (6ft / 12ft if applicable) • Masks to be always wore • A Site Supervisor to ensure social distancing and mask compliance amongst Spectators • Follow NYSDOH, NYSPHSAA, and Broome County DOH guidance • 2 spectators per athlete
Masks	<ul style="list-style-type: none"> • Masks need to conform to recommendations from the CDC • Masks must be worn at all times, by all student-athletes, coaches, managers, referees/officials, spectators, etc. • Any mask that becomes saturated with sweat must be changed immediately.





	<ul style="list-style-type: none"> • Reusable masks (cloth face coverings) must be washed daily. • Coaches, managers, and other school employees should monitor proper use and correct improper use by student-athletes, when indicated. This should also include mask breaks as appropriate. • Medical Exemptions for mask wearing are permitted as governed by existing NYS Education Guidance and approved by our School Medical Director • Extra masks will be available for anyone in need of a mask
Monitoring	<ul style="list-style-type: none"> • FamilyID will be used for a pre-season screening for all sport sign-ups <ul style="list-style-type: none"> o it will consist of a pre-season screening and a parent/guardian confirmation of daily screening completion • FamilyID will be used for signing off on waivers and hold harmless • Google Doc will be used for Daily Screening / Attendance to ensure that no one associated with practice/competition is ill. <ul style="list-style-type: none"> o it will consist of temperature checks and a health assessment screening consistent with NYSED and NYSDOH guidance. o Screenings must be completed on each day of practice / competition. o logging attendance for visitors/officials, etc will include names, county of residence, phone numbers, email addresses, and physical address. o Records must be made accessible to the Broome County Health Department electronically. (Familyid/Google) o Requests – Brad Tomm – btomm@cvcasd.stier.org – 607-762-6905 o a paper copy will be used for back-up purposes, emergencies, etc. with proper safety procedures and protocols. • Times <ul style="list-style-type: none"> o practice / competition times will be staggered to avoid crowding and congestion when arriving, playing, and leaving the school sport venues and to ensure cleaning/disinfecting as appropriate o Example – 3 – 4:30 /// 5 – 6:30 /// 7-8:30pm • Cohorting <ul style="list-style-type: none"> o if feasible, create cohorting groups to limit the potential for transmission in the event of an exposure. A cohort is a group of athletes who only practice or play with members of their own pod. Cohorts should either practice in physically separate rooms, facilities or areas or steps taken to ensure that pods are appropriately distanced, such as Cohort Groups being 12 ft apart. o teams should avoid reassigning athletes to different cohorts to the maximum extent possible. o the smaller the cohort size, the more the team can minimize potential transmission.
Testing	Chenango Valley will continue to monitor and assess High Risk Sports, and if determined the needed for testing, testing will be reviewed and discussed by our Athletic Re-opening Committee, Health Service Committee, and/or Chenango Valley District Office.
Physical Distancing Risk	Personal items, <ul style="list-style-type: none"> • including water bottles, bags, sneakers, etc, will be stored at the student athletes landing spot, which is socially distanced from other student athletes landing spot. No sharing of personal items.



	<ul style="list-style-type: none"> All non-essential personal items need to be kept at home/car. <p>Locker Rooms,</p> <ul style="list-style-type: none"> Team/locker rooms will be closed unless a specific need arises, which safety protocols/distancing listed above will be in effect. Students should be ready to go upon arrival. Team/locker room showers will be closed unless a specific need arises in which safety protocols/distancing listed above will be in effect. Students should come ready to go without the need of a shower. <p>Other</p> <ul style="list-style-type: none"> Indoor practices/competitions are encouraged to be limited to 90 minutes. If feasible, practices/competitions are encouraged to be held outdoors. If not feasible, how time spent indoors can be minimized. 6ft unless safety or core activity (e.g. practice, playing) requires a shorter distance - 12 foot if possible / preferred Small cohorts when possible and socially distanced – 6ft/ 12 ft if possible/preferred
Travel	<ul style="list-style-type: none"> Students are expected to get to and from practice on their own. It is discouraged to carpool. Travel by school bus will conform with social distancing requirements per state school transportation requirements and NYS guidance. Windows must be open. A seating chart will be used for contact tracing purposes. A transportation waiver is available for parent/guardians allowing transportation of student athletes to/from competition. There will be no interstate or overnight travel. Any opponent that Chenango Valley plays outside of Broome County must stipulate that no one associated with the team is known to be ill or currently infected with SARS-Cov-2 prior to their team traveling to Broome County to participate in a competition.
Consent	<p>Parent Consent</p> <ul style="list-style-type: none"> Participation in the higher-risk sport places the student-athlete at risk of exposure to SARS-CoV-2. Symptomatic and asymptomatic individuals can spread the virus. Masking, distancing, and other mitigation measures reduce, but do not eliminate risk. At present, it cannot be predicted who will become severely ill if infected. SARS-CoV-2 can lead to serious medical conditions and death for people of all ages. The long-term effects of SARS-CoV-2 are, at present, unknown; even people with mild cases may experience long-term complications. There is a significant risk of transmission to those in the home of infected student-athletes. Older people and people with underlying health conditions are at higher risk of serious disease. This acknowledgement shall affirm a condition of ongoing participation will be full cooperation with case/contact investigations and compliance with isolation/quarantine requests if indicated. Parents/Guardians/Students agree to indemnify, defend and hold harmless Chenango Valley Central School District, its



	Officials, Officers, employees, agents, staff and coaches, from and against any and all claims, actions, or liabilities of any nature, including but not limited to attorneys' fees, that may be asserted against the District in connection with participation in higher risk school sports.
Sport Supervisors	Chenango Valley Coaches
Grades	7-12 – Modified, JV, Varsity
Dates	2/1 – pending approval
Location	Gymnasiums, Wrestling Rooms, Warrior Stadium, Multi-purpose field, Sport Specific Venues
Schedule	Monday – Saturday
Times	Example Practice 1 3-4:30 pm Practice 2 5:00 – 6:30pm Practice 3 7 – 8:30pm
Cleaning	Cleaning/Disinfecting will take place at the end of each practice Hand sanitizer / wipes will be made available to coaches and located at common areas Hand Hygiene will be integrated into practice/play/procedures
Covid Positive	Student will go thru the UHS COVID -19 Return to Play process  Cardiac RTP Revision.pdf
ANNEXS B/G Basketball / Cheer / Wrestling / Football / Volleyball / Boys Lacrosse	Guidance from NYDOH, Broome DOH, and NYSPHSAA https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationMasterGuidance.pdf  1-28-2021 Higher Risk Sports Plan FINA For any sport specific info, Chenango Valley follows the Return to Interscholastic Athletics document and guidelines published by the NYSPHSAA. Revised 1/25/2021. http://www.nysphsaa.org/Portals/0/COVID%2019/2021%20January%20-%20Return%20To%20Interscholastic%20Athletics.pdf

