

Interpersonal Communication -Social Skills for Success



March

Visit your home page starting March 19th:

TOLL-FREE 866-649-2392

COUNSELING:

800-445-3569 607-763-6474

WEBSITE:

www.nyuhs.org/eap

USERNAME: CVCSD PASSWORD:

employee (all lower case)

WHATEVER YOU NEED, WE ARE HERE TO HELP.

ONLINE SEMINAR

An ability to interact with others in an appropriate way is essential for success. Yet, a growing reliance on digital communication in the modern workplace has made emails the medium of choice for every day interactions, and this has impacted upon the way that we naturally interact, slowly diminishing our chance to develop our interpersonal skills.

This session will explore verbal and non-verbal communication and help participants understand how their behavior may be interpreted by others, helping to grow positive and effective working relationships.

Your Employee Support Program can help you, 24/7, with communication and social skills for the workplace and in the home.

If you do not know your sign-on information, please Call (607) 763-6474.